



## Local Resources and Checklists

First time dog owner? Been over a decade since you've had a little pup running around and eating your shoes? Don't worry- we've created a resource guide to help ease some of the stress. We will update this regularly, so check back often if your new family member isn't ready to travel yet!

### Take-Home Checklist

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Leash              | <input type="checkbox"/> Old towels, blankets<br>(remove seams)              | <input type="checkbox"/> Oatmeal shampoo            |
| <input type="checkbox"/> Martingale Collar* | <input type="checkbox"/> Treats  | <input type="checkbox"/> Paper towels               |
| <input type="checkbox"/> Harness            | <input type="checkbox"/> Plain, white rice<br>(to help with food transition) | <input type="checkbox"/> Potty/training pads        |
| <input type="checkbox"/> Name/Phone # Tag** | <input type="checkbox"/> Toys  | <input type="checkbox"/> Vet contacted              |
| <input type="checkbox"/> Crate w/ divider   | <input type="checkbox"/> Cleaning supplies                                   | <input type="checkbox"/> Training classes scheduled |
| <input type="checkbox"/> Food/water bowls   |  |   |
| <input type="checkbox"/> Food               |  |   |

\*Lupine brand offers a lifetime guarantee and gives back to rescues! <https://www.lupinepet.com/store/dogs/martingale-collars>

\*\*Check out The Barkery in Tewksbury, MA for same-day, in-store ID tag engraving. [Click here](#) for a 15% off coupon!

### Training Resources

Your newly adopted dog will take some time to settle in. All pets, whether a puppy or adult, need time and patience to fit into a new home. There is something we use in rescue called the **3-3-3 Rule**. In the first three days, your new pet may be overwhelmed with his new surroundings. He may not eat, drink, defecate, or be himself. After three weeks, he's starting to settle in, feeling more comfortable, and realizing this just might be his home. He lets his guard down and may start showing his real personality for good or not so good. After three months, your pet is starting to feel comfortable in his home. You have built trust and a true bond.

In order to assist with this trust and bond, Harvey's Hope Animal Rescue requires basic obedience training for all adopted pets, regardless of age. We have compiled a list of resources below that our fosters and adopters have recommended over the years. If you find a great trainer you'd like to add to our list, send us an email!

*Note: We have no affiliation with the groups below and cannot guarantee a discount or acceptance of new clients.*

#### New Hampshire

- Hudson K9 Training Center - <https://hudsonk9.com/>
- All Breeds Canine Training Center - <http://www.allbreedsk-9.com/>
- K9's Training & Doggy Daycare Facility LLC - <https://www.facebook.com/K9straining/>

#### Massachusetts

- Rise K9 Dog Training - <https://risek9training.com>
- Connell's Dog Training, LLC - <https://connellsdogtraining.com/>